



## CAREGIVER SUPPORT PROGRAM

### SAVVY CAREGIVER PROGRAM New Evening Session Added!

Savvy Caregiver is an educational program for family members caring for someone with Alzheimer's disease or another dementia at home. This 6-week series will help you better understand the changes your loved one is experiencing. Participants will receive "homework" to complete between weekly sessions which will provide an opportunity to practice new skills and identify areas where further support is needed.

**Date:** Thursdays, May 23 - June 27

**Time:** 6:00 pm-8:00 pm

**Location:** AMITA Health Adventist Medical Center La Grange  
Dixon C Classroom  
5101 S. Willow Springs Road, La Grange, IL  
\*Enter through main entrance

**Cost:** Free

**Registration:** Class size is limited. Contact Susan Bertuglia at 708-245-8087 or [sbertuglia@agingcareconnections.org](mailto:sbertuglia@agingcareconnections.org) to register.

Funded in part by: 

Hosted by:  AMITA HEALTH  
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LA GRANGE

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